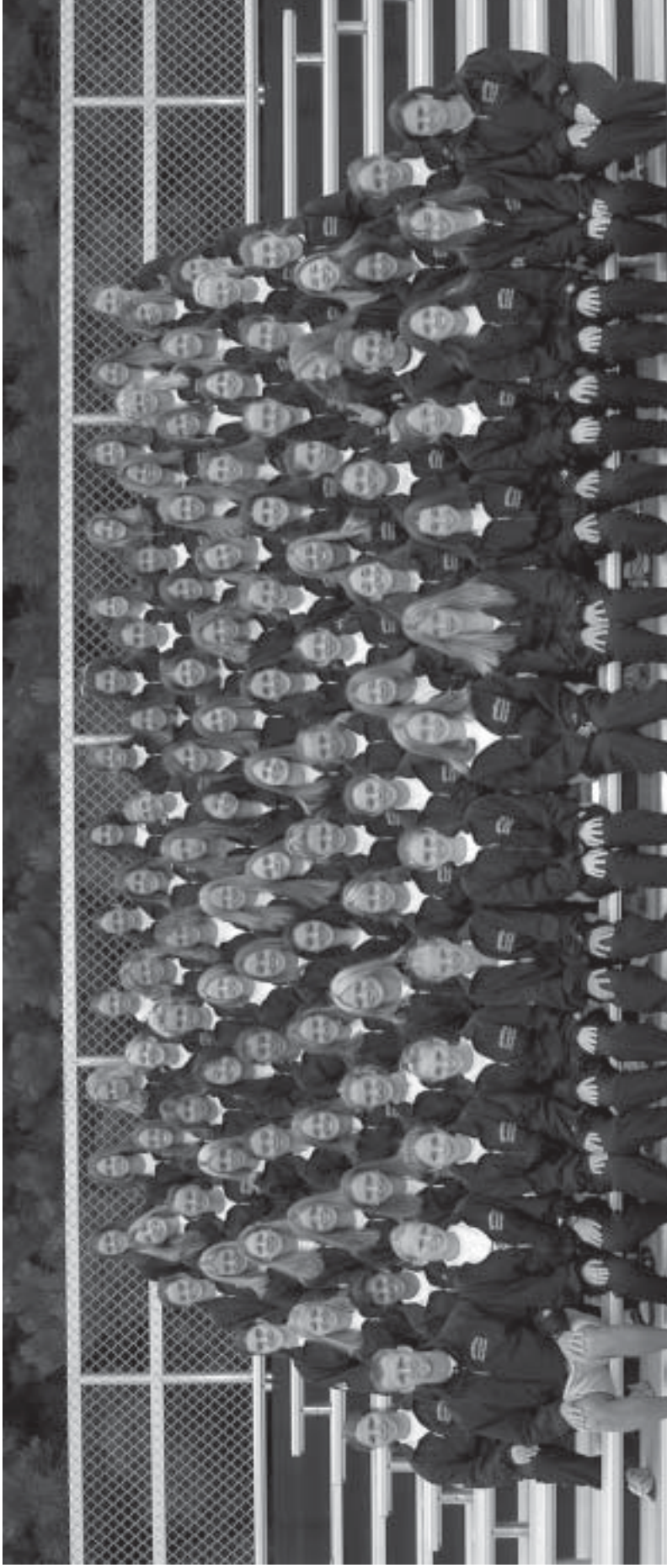


Girls Cross Country



(Front Row, left to right)

Maggie McGinnis, Coach Teri Smith

(2nd Row)

Kristy Darcy, Candida Crasto, Patsy Samiec, Emily Skrobot, Carrie Zwayner, Ashley Janes, Karen Hickson, Ashleigh Gillaugh, Rachel Caruso, Chloe Wheeler, Lisa Tangeman, Sarah Lowe, Megan McBride

(3rd Row)

Laura Neufarth, Lauren Sibert, Lauren Burckle, Stephanie Pence, Sahar Parvani, Megan Saunders, Ashley Jones, Elizabeth Westover, Katie Wolff, Kara Schoonover, Emily Stamper, Brittany Dexter

(4th Row)

Ariana Bolan, Claire Nielsen, Susan Wooddell, Natalia Vargas, Erin Kelly, Kristen Leith, Julia Cook, Meghan Devine, Casey Aldrich, Rachel Browne, Becky Leighty, Holly Brewer, Jessica Neidhard

(5th Row)

Lori Kauffin, Cristina Newman, Jennifer Wang, Lauren Shreve, Amy Hutchinson, Grace Tsou, Erin Watrous, Maureen Moss, Nancy Kanis, Kirsten Grodrian, Kelly McCullough, Jessica Suttles

(6th Row)

Beth Bonistall, Alyssa Ancipink, Courtney Vorpe, Lauryn Anckney, Julie Hellerstein, Anna Watson, Coryn Bostwick, Beth Ellinger, Jordan Watrous, Ally DeShurko, Jen Mott, Dana Staton, Amy Friedman

(7th Row)

Elizabeth Huber, Sarah Trick, Anne McIntire, Laura Thornhill, Elsa Rodriguez, Meg Hanewing, Alex Lopez, Sydney Lawler, Audrey von Maluski, Kelley Kuntz, Jessica Blake, Whitney Dunbar

(Top Row)

Rebekah Hollander, Colleen Callahan, Kristen Kuntz, Caroline Allan, Lydia Irvin, Corinne Winkler, Julie Etson, Caitlin Kearney, Linzy Parrott, Taylor Warha, Hannah Kinderle, Lauren Stovall, Monica Thuney

(Not Pictured)

Amelia Bergman

Coach Dave Dobson, Julia Halatek, Ashley Tunney, Alissa Ayers, Kelsey Fath, Jennifer Root, Sarah Ferguson, Haley Martin, Liz Bastian, Kathleen Poppenhouse, Kristin Conway, Maggie McGinnis, Coach Teri Smith
 Kristy Darcy, Candida Crasto, Patsy Samiec, Emily Skrobot, Carrie Zwayner, Ashley Janes, Karen Hickson, Ashleigh Gillaugh, Rachel Caruso, Chloe Wheeler, Lisa Tangeman, Sarah Lowe, Megan McBride
 Laura Neufarth, Lauren Sibert, Lauren Burckle, Stephanie Pence, Sahar Parvani, Megan Saunders, Ashley Jones, Elizabeth Westover, Katie Wolff, Kara Schoonover, Emily Stamper, Brittany Dexter
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 Amelia Bergman

Girls Cross Country Coaches



(Left to right) Teri Smith and Dave Dobson
Not pictured: Kristen Fryburg and Katie Cunningham

The 2003 Lady Elks had their most successful season since the program was established. The team had 7 invitational and championship crowns including the GWOC and District championships. The team, which was ranked #1 in the Coaches Association poll for several weeks of the season after defeating state powers Bowling Green and Turpin, placed a disappointing 3rd at Regionals and 14th at the State meet after a couple heartbreaking injuries and illnesses. This season the team reloads to rebound from their sub-par performance at Scioto Downs last fall and make a third trip back to Columbus in the past 4 years.

The 2004 Elks have a large gap to fill after losing #2 runner Kara Lohbeck to graduation. However, the team returns 12 of its top 14 runners including former All-Ohioan and Senior Laura Neufarth, as well as a number of other letter winners. Seniors Laura Thornhill and Kara Schoonover along with Junior Sahar Parvani and Sophomores Anna Watson, Jen Mott, Sarah Trick, and Lauren Stovall are being counted upon to build on last year's efforts. A wealth of new talent will also challenge and contend for varsity positions throughout the season.

The team goals are set at earning their 4th straight GWOC title as well as making a trip to Columbus for the State Cross Country Meet. The team will be traveling to two of the largest high school meets in the country in preparation for that journey: the Tiffin Carnival and the Roy Griak Invitational in Minneapolis, MN.

Please come and help support the lady harriers as they run toward their goals.



David Dobson
Coach – Girls XC

Girls Cross Country Seniors



(Front row, left to right) Captain Erin Kelly, Captain Laura Neufarth, Captain Natalia Vargas, Captain Jessica Blake, Captain Laura Thornhill
 (2nd row) Colleen Callahan, Whitney Dunbar, Candida Crasto, Kelley Kuntz, Elsa Rodriguez, Katie Wolff, Kara Schoonover
 (Back row) Julia Halatek, Carrie Zwayer, Susan Wooddell, Lauren Sibert, Rebekah Hollander, Kelly McCullough, Julie Etson

GIRLS CROSS COUNTRY TEAM HONORS

WOL / GWOC

| | |
|-----------|-----------|
| 1995-1996 | 2nd |
| 1996-1997 | 2nd |
| 1997-1998 | 2nd |
| 1998-1999 | 2nd |
| 1999-2000 | 3rd |
| 2000-2001 | 3rd |
| 2001-2002 | Champions |
| 2002-2003 | Champions |
| 2003-2004 | Champions |

DISTRICT

| | |
|-----------|-----------|
| 1995-1996 | 3rd |
| 1996-1997 | 4th |
| 1997-1998 | 3rd |
| 1998-1999 | 4th |
| 1999-2000 | 4th |
| 2000-2001 | 5th |
| 2001-2002 | Champions |
| 2002-2003 | 2nd |
| 2003-2004 | Champions |



Girls Cross Country Captains



(Left to right) Erin Kelly, Laura Neufarth, Natalia Vargas, Jessica Blake, Laura Thornhill



2003 Meet Results

Varsity

| | | |
|----------------|---|----------------------------|
| Beavercreek | - | non-scoring |
| Trotwood | - | 1 st out of 11 |
| Tiffin | - | 1 st out of 23 |
| Middletown | - | 1 st out of 15 |
| Pickerington | - | 1 st out of 17 |
| Roy Griak (MN) | - | 7 th out of 46 |
| GWOC | - | 1 st out of 11 |
| District | - | 1 st out of 11 |
| Regional | - | 3 rd out of 20 |
| State | - | 14 th out of 16 |

Overall record (140-21) .869

Girls Cross Country Seniors



Jessica Blake / Captain



Colleen Callahan



Candida Crasto



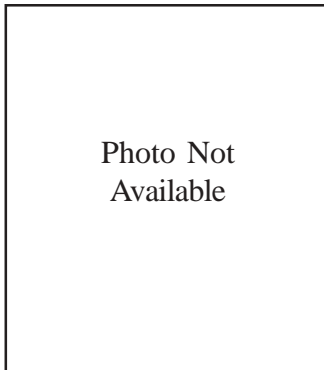
Whitney Dunbar



Julie Etson



Julia Halatek



Rebekah Hollander



Erin Kelly / Captain



Kelley Kuntz



Kelly McCullough



Laura Neufarth / Captain



Elsa Rodriguez

Girls Cross Country Seniors



Kara Schoonover



Lauren Sibert



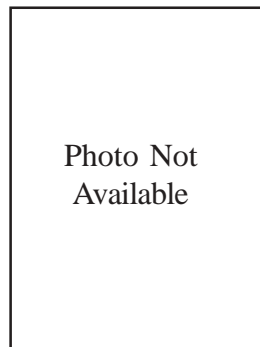
Laura Thornhill / Captain



Natalia Vargas / Captain



Katie Wolff



Susan Wooddell



Carrie Zwayer

Girls Cross Country Meet Schedule

| | | |
|-----------------------------|----------|----------------------|
| Beavercreek Invitational | Aug. 28 | Rotary Park |
| Westerville Invitational | Sept. 4 | Westerville N. H.S. |
| Tiffin Carnival | Sept. 11 | Hedges Boyer Park |
| Alliance Invitational | Sept. 18 | Away |
| Pickerington Invitational** | Sept. 25 | Pickerington N. H.S. |
| Roy Griak Invitational | Sept. 25 | Minneapolis, MN |
| Fairmont Invitational | Oct. 2 | Indian Riffle Park |
| Centerville XC Stampede | Oct. 9 | Home – Watts M.S. |
| G.W.O.C. Championships | Oct. 16 | Trotwood M.S. |
| District Championships | Oct. 23 | Trotwood M.S. |
| Regional Championships | Oct. 30 | Hobart Arena |
| State Championships | Nov. 6 | Scioto Downs |

** JV