



Athlete's Name _____ Grade _____

Address _____

Zip Code _____

Athlete's Email _____

Phone # _____

Cell # _____

Advisor _____ Unit _____

Parents' Names _____

Parents' Email _____

Parents' Cell Phone # (Dad) _____ (Mom) _____

Parents' Occupations (Dad) _____ (Mom) _____

Other Sports I've Done In M.S. or H.S. _____

Circle One

I am (**THINKING ABOUT**) (**PRETTY SURE ABOUT**) (**DEFINITELY**) running cross country next season.

I can definitely go to Cross Country Team Camp August 15 – 19. (**YES**) (**NO**) (**NEED TO CHECK**)

Summer job _____ Hours/Days I work _____
(June – August)

Fall job _____ Hours/Days I work _____
(School Time)

Summer vacations planned. (Yes) (No) When? _____

Personal Records	
400 _____	800 _____
1600 _____	3200 _____
5K _____	

(CIRCLE ONE)

Athlete's Shirt Size - S, M, L, XL