2022 CGXC SENIOR CAPTAIN APPLICATION



Dear Applicant,

The coaching staff would like to better understand what each applicant believes to be the role of the captain, how that applicant intends to implement that role, and what experiences applying those roles have already been demonstrated by the applicant. The staff believes that the application process will assist the staff in choosing the most prepared captains for the season.

APPLICATION PROCESS:

BEGINS: The application process will begin on Friday, May 13th.

ENDS: The application must be submitted via a shared google document to <u>dobsonda@sbcglobal.net</u> no later than 11:59 pm on Sunday, May 22nd.

I encourage each applicant to complete this application with the upmost care. The role of senior captain is about to be defined by <u>YOU</u>! Consider carefully the delicate yet impactful role the senior captains play on the development of the team throughout the season. *Please understand that your coaches believe this application process is* <u>more than just to determine who will speak at the banquet and who will lead the team</u> <u>through warm up.</u> I encourage you to consider some of the following statements as guidelines when determining how a captain's role is different than a coach and other seniors.

The coaching staff believes...

- The role of the coaching staff is to establish the path of the team for each season.
- The role of the coaching staff is train athletes to the best of their abilities in order to be successful.
- The role of the senior athlete is to prepare and perform with excellence and strive for success.
- The role of the senior athlete is to bring maturity, stability, and a positivity that can only be provided by the eldest athletes on the team.

I wish you the best in your senior captain application and look forward to receiving your emails before 11:59 pm on Sunday, May 22nd.

One Team...One Goal,

Coach Dobson

2022 CGXC SENIOR CAPTAIN APPLICATION QUESTIONS PLEASE ANSWER THE FOLLOWING QUESTIONS IN A MANNER YOU FEEL BEST.

1. DESCRIBE THE QUALITIES NEEDED TO BE A SENIOR CAPTAIN ON CGXC?

A. WHY YOU BELIEVE EACH OF THOSE QUALITES IS NECESSARY?

B. PROVIDE EXAMPLES THAT DEMONSTRATE YOU POSSESS THE QUALITIES YOU HAVE LISTED ABOVE.

2. DESCRIBE THE ROLE OF THE SENIOR CAPTAIN ON CGXC?

A. HOW DO YOU PLAN TO IMPLEMENT THAT ROLE AS A SENIOR CAPTAIN ON CGXC?

B. DESCRIBE ANY EXPERIENCES YOU HAVE HAD THAT YOU BELIEVE WILL CONTRIBUTE TO YOUR SUCCESS AS A SENIOR CAPTAIN.

- 3. DESCRIBE AT LEAST TWO EXAMPLES THAT WOULD DEMONSTRATE HOW YOU WOULD ESTABLISH AND MAINTAIN OUR TEAM CULTURE AS A CAPTAIN?
- 4. DESCRIBE HOW YOU WOULD RESPOND AND/OR APPLY THE FOLLOWING STATEMENT: *"great leadership begins with self-leadership".*
- 5. DESCRIBE HOW YOU WILL REPSOND IF YOU ARE NOT SELECTED AS A CAPTAIN FOR THE 2022 SEASON?